

1. Select Program Plan:

1. MAP- IT

2. Identify each step: The Phases of MAP- IT

1. Phase 1. Mobilize- For this phase it will be the same thing as pre-planning such as establishing roles. With pre planning we have created a team contract. Within the contract we will be, establishing team procedures, identifying general team expectations, assign roles to individual members, and lastly identifying consequences for failing to follow these procedures and expectations. Using this phase will help keep focus and organization within the group.
 2. Phase 2. Assess- Phase two talks about the needs assessment. In the need assessment, we found that the results affect college students because they have a lack of knowledge on mental health resources and mental health as a whole. Most students could not identify any type of mental health

issue and did not know that Indiana State offered counseling services to students who are struggling with mental health issues.

3. Phase 3. Plan this phase is about the target population and what is the program about.

4. Phase 4. Implement

1. The implementation phase focuses primarily on the plan being initiated in the program efficiently. This also focuses on the plan being fluently on schedule through each and every step. To make sure that the plan is still going, on topic of the plan, and be able to obtain efficient results of the target population. Being able to have the partners focus on the program being implemented in a scheduled time is a phase to stay on the goal at hand with the program.

5. Phase 5. Track- this phases talks about the equivalent of the evaluation.

We did our assessment and plan data by making a survey questions

which can make us follow the process of making the evaluation. and we will be able to report the data of our survey. it is also will validity and reliability of collecting pieces of information and the data. being able to have a good process on the impact of related interventions is shared often with stakeholders.

<https://www.healthypeople.gov/2020/tools-and-resources/program-planning/Track>